

FAMILY LEARNING



WEBSITE

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CONTACT

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ADULT EDUCATION
**TRAINING
PROVIDER**

**FREE AND
SUBSIDISED
COURSES**








FAMILY LEARNING

NURTURE YOUR CHILD'S LEARNING

On Course South West delivers a wide range of educational activities for families with children aged from pre-school to secondary school (2 to 18 years of age).. Our

Family Learning Courses are all fully funded and facilitated by tutors with many years' experience within the Family Learning environment. In addition to our wide range of courses, we are able to offer bespoke courses tailored to your requirements to help support your educational needs and meet specific outcomes.

Our Family Learning Workshops Cover...

-  English, Maths and languages taught in a fun and informal way to develop skills to help parents and carers gain in confidence to support and engage with their children.
-  Sessions to support parents and carers understand their children's behaviour and development, including outdoor education.
-  Practical courses and workshops offering families tips and ideas for healthy eating, First Aid and managing your money
-  Creative arts activities from DIY bunting to jewellery making to drama workshops and ceramic painting!
-  STEM (science, technology, engineering & maths) sessions: Wiz Bang Pop science, CSI forensic science and Ocean discovery.

YOUR FAMILY LEARNING JOURNEY...

DEVELOP, CREATE AND EDUCATE

Speak to your setting to access the course schedule

Choose your course and make a note of the details, you will need these to enrol.

Use the link provided and fill out our quick and easy online enrolment form.

Enrol early to secure your space!

Classes are limited to 12 people.

Attend your course, learn something new and have fun!

Take your new skills home and share with your family.

Come back soon!

For a friendly discussion about your educational requirements or to receive more information, please contact our Family Learning team who will be happy to help you with your request.



OUR COURSES...

- Are FREE to learners*
- Provide FREE resources* and childcare for learners (children aged 12 months+)
- Are delivered by professional and experienced tutors
- Can be tailored to your own requirements

Maths, English and Science

Struggling to help with homework, find out what your children are doing at school or need to improve your own skills? We offer fun workshops and longer courses to help you to brush up your knowledge and engage with your children.

- Fun with words, Fun with Numbers, British Sign Language basics.
- Managing your Money (option to gain a Level 1 Qualification for a small fee of £10)
- Wiz Bang Pop! Science, CSI Forensics
- Family English, Family maths (5 Week+ Courses)
- Keeping up with the Children (age/level specific)

Preparing for Work and Employability Skills

Draw upon our experience and expertise in helping our learners to return to the workplace or move up the career ladder. covering everything from CV writing applying for jobs to preparing for interviews. With access to one of our learning advisers who can signpost you to those important next steps in your learning or job hunting journey.



*All courses are free subject to status except the Managing your money Qualification. This course carries a minimal contribution towards certification fee's which will be discussed at booking.

*Learners may be asked to provide resources that can be found around the home to use.



Boost Your Confidence and Take Care of Your Well being

Modern family lives can be busy and stressful. Our tutors can give you the basic tools to boost your own confidence and self-esteem and manage stressful situations, tools which you can pass on to your own family.

- **Get Set.** A five-week course to tackle lack of confidence/self-esteem.
- **Mindfulness.** A 2-hour workshop or longer course to help you understand your stresses and give you the tools to manage it yourself and within your family.

Digital Skills

Worried about keeping your family safe on-line or need to increase your own IT skills for the workplace or home? Ask us about workshops and courses to help you.



Cooking and Household Budgeting

Our experienced tutors teach basic cooking skills to you and your older children giving you ideas to plan healthy seasonal menus to liven up your everyday mealtimes, including healthy lifestyle tips. They can also help you plan your mealtimes around your budget.

Become your own Money Saving Expert by joining one of our managing your money workshops and courses.

Creative Arts and Crafts

Would you like to learn how to make beautifully decorated glass or jewellery or knit a new hat? Learn to Decoupage or Upcycle items to decorate your home on a shoestring? Make your own greetings cards, or paint on ceramics?

We are able to offer courses and workshops with a pool of talented creative arts tutors to call upon.

- Jewellery Making and Button Jewellery Courses and Workshops
- Wiz Art
- Basic knitting and sewing courses.
- Glass painting and ceramic painting workshops
- Drama courses
- Creative Upcycling
- Seasonal Crafts, card making courses and workshops

First Aid



Gain confidence in dealing with basic Family First Aid inside and outside the home. Learn how to deal confidently with basic burns, sprains, scalds, choking, the unconscious casualty and how to administer CPR taught by our Level 3 Qualified tutor.

- First Aid Workshop (2 hours)
- Basic Paediatric First Aid Workshop (2 hours)
- Family First Aid Course (5 Weeks)

Languages

Would you like to be able to help your children with their homework or learn a little bit about the language, culture and food at your favourite holiday destination? Forget about sitting in boring language lessons when you were at school and learn a language in a fun interactive way with our expert language tutors. We can offer 2 hour workshops or longer courses.



Ask us what fun family language sessions are available.

MISSION STATEMENT

'INSPIRING LEARNING AND OPPORTUNITIES FOR ALL'



ABOUT US

On Course South West delivers accredited and non-accredited learning opportunities to adults across a wide range of subjects, which include vocational, life skills and personal development.

Preparing people for training employment or advancement.

We are committed to creating inspiring learning activities for social benefit and reinvestment in communities. We continue to develop a responsive and streamlined provision that helps support education for adults.

OUR MISSION



Creating and delivering high quality learning experiences which inspire the growth of communities and business.

OUR PURPOSE



To develop education and training opportunities for the community in Plymouth with a primary focus on the most deprived wards and to support the whole community while working closely in partnership with other community and voluntary groups in the area.

"Everybody's really welcoming, and nobody judges you, and you can be who you want to be. It's just a great way to get going"

- Sharice



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